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Halifax metro

**ANCER WINS,
NO QUESTION**
metroNEWS/SPORTS

Your essential daily news | **MONDAY, JULY 6, 2015**

High 27°C/Low 15°C Mainly sunny

WEATHER

Have fun in the sun

It looks like summer is finally in full swing, as sunny skies and hot days are here to stay.

The weekend's high-20s temperatures had lots of residents strolling the Halifax boardwalk or taking a dip in one of our region's lakes.

"It's going to warm up for the next couple of days," said Environment Canada meteorologist Stephen Fougere on Sunday.

Monday and Tuesday are expected to have high temperatures of 27 and 28 C, Fougere said, before a cold front on Wednesday brings some rain overnight and slightly cooler weather.

He said after the rain in the later part of the week, Thursday and Friday will still bring warm temperatures in the 25 and 26 C range while the weekend will stay in the mid-20s.

The lows will keep hovering around the mid-teens as well, Fougere said.

"This has been the nicest temperatures that we've seen in a while," he said.

"I'd suggest just get out and enjoy the sunny weather while it's here." **HALEY RYAN/METRO**



PERFORMANCE ARF

Halifax Regional Police Const. Steeler, seen here at Grand Parade in Halifax on Sunday, alongside his trainer, entertains crowds with a performance during the Royal Nova Scotia International Tattoo. See story in metroNEWS. ZANE WOODFORD/METRO

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Actor portrayals.



Hail a cab on the harbour

TRANSPORTATION

New water taxi service launches at King's Wharf



Stephanie Taylor
Metro | Halifax

Need to cross the harbour? For the first time, residents can hop aboard a new harbour water taxi service from Halifax to Dartmouth, which launched Friday.

Earlier in the day, six passengers, including Mayor Mike Savage and King's Wharf developer Francis Fares — the man behind the water taxi idea — took an inaugural ride on one of the service's two six-seater boats.

"This is new and innovative and I think it's going to have good take-up," Savage said, standing on the Halifax Harbour, a few minutes after docking from his five-minute ride Friday morning.

"It gets people across ... very quickly and very comfortably. It's a great service."

The cost of a ride: \$5 each way.

The idea for the service was born out of Fares noticing a void in what he called a viable business model for water taxis along the harbour, he explained afterwards. He said it cost more than \$100,000 to make a reality.

Mike Goble, manager of the King's Wharf marina service



The new water taxi will be running between Dartmouth and Halifax with stops at McNabs Island. STEPHANIE TAYLOR/METRO

area, said one harbour taxi will run on a scheduled service from Monday to Thursday every 20 minutes from Halifax to Dartmouth from 7 a.m. to 10 p.m.; Fridays and Saturdays from 7 a.m. to midnight; and Sundays from 9 a.m. to 8 p.m.

Pickup and drop-off locations are found at the King's Wharf marina in Dartmouth and near The Wave in Halifax.

For even greater conven-

ience, a second boat will be launched as an "on-demand" service starting July 15, allowing residents to call and be picked up anywhere along docks in Halifax and Eastern Passage to the Northwest Arm and Bedford, Goble said.

In addition, the service will provide three scheduled trips to McNabs Island for a round-trip price of \$15 on Saturdays and Sundays, starting at 10 a.m.



It gets people across ... very quickly and very comfortably. It's a great service.

Mayor Mike Savage

Goble said the service will run until October if all goes well.

On Friday, Fares explained this will be a pilot year for the service.

He hopes it garners enough customers to make it a commercial success and add more boats to the fleet in the years to come.

"We're going to see what happens."

COMMUNITY

Grand plans for square

Renovations on the historic Grand Parade square in downtown Halifax could begin next year, with repairs costing up to \$3.6 million.

The municipality issued a tender for a consultant to develop a plan for the square, Coun. Wayne Mason says the plan will outline a phased approach to the restorations, and examine how the space itself is configured.

"It's our Yonge (and) Dundas. It's our Times Square," Mason said Friday. Besides its historical roots as a military parade square, Mason said the site is now an important event plaza and gathering place for tourists and locals alike.

"There's some parts of it that are desperately in need of repair," he said.

Proposed costs for restorations are outlined in a 2014 capital plan and condition assessment completed by Capital Management Engineering Limited.

The report anticipates the scope of work and investment needed to maintain the site for the next 25 years, which totals around \$3.6 million for major renovations, plus another \$50,000 for ongoing maintenance. The costliest repair is restoring the deteriorating 172-year-old perimeter of rubble ironstone wall and railing around St. Paul's Anglican Church. That job will cost an estimated \$3 million.

Other estimated costs include \$186,890 to restore the metal railings along Barrington and Argyle Streets, which the report says are due for replacement in 2016. Because the square is designated as a municipal heritage property, any restorations must mimic the original design and workmanship, and therefore may be more costly than other projects, the report says.

The tender states the work be done over 2016 and 2017.

STEPHANIE TAYLOR/METRO



A worker in Grand Parade.
HALEY RYAN/METRO

COMMUNITY

Violence at Alderney Landing concerning: Councillor

Gloria McCluskey says she's concerned about a string of violence in downtown Dartmouth.

"I don't know what's going on down there," said McCluskey, the area's councillor.

Two separate calls of knife incidents in the area of Alderney Drive in Dartmouth had Halifax Regional Police busy on Friday night.

Just after 8:30 p.m., officers responded to a weapons complaint at 40 Alderney Dr. involving two males, one of whom had a knife.



Coun. Gloria McCluskey.
JEFF HARPER/METRO

When they arrived, officers found a victim on the ground with stab wounds.

Based on witness reports, police were able to find a suspect and take him into custody, a police release states.

The victim, a 34-year-old man sustained serious but non-life-threatening injuries. The accused, a 17-year-old male youth, was arrested and will face charges of aggravated assault and weapons charges.

About two hours later, police were called to another disturb-

ance in the Alderney Drive area responding to a report of two people fighting, one of whom had a knife.

Officers arrested the suspect, a 14-year-old boy, who had the knife.

He will face charges including weapons charges, obstructing police and disturbing the peace.

"The sad part is it's young people, 14, with a knife," McCluskey said. "And I worry about police officers. When (they) go to these things, you don't know what weapons are involved."

The Canada Day concert at Alderney Landing on Wednesday night was cut short because of "drunkenness and rowdiness" outside the gates of the concert grounds.

McCluskey said there needs to be more control when it comes to holding concerts at Alderney Landing.

"It's not for me to decide how it should be done, but there will be another Natal Day concert so we'll have to get our heads together."

HEIDE PEARSON/FOR METRO

Const. Steeler steals the show

POLICE DEPARTMENT

K9 shows off tricks, bomb-sniffing skills

Zane Woodford
Metro | Halifax

There are lots of humans with ranks in this year's Royal Nova Scotia International Tattoo, but only one dog: Const. Steeler.

The five-year-old German shepherd performs a halftime show of sorts with his trainer, Halifax police Const. Phil MacDonald.

"We do a little bit of police work and we do a little bit of fun for the audience," MacDonald said Sunday.

For their act, the K9 crime-fighting duo brings down two kids from the audience, and Steeler presents them with different coloured flags based on which colour MacDonald shows him first.

So how does Steeler know which colour to pick?

"That's a little bit of a trade secret," MacDonald said, alluding to a bit of trickery behind the performance.

"All dogs don't see colours, and he's no exception. He certainly learned the trick well."

After that portion of their performance comes the police work.

The kids hide decoy explosives in different boxes, and Steeler — whose specialty is explosives — uses his skills to figure out which boxes contain the fake bombs.

MacDonald said the kids aren't too nervous about Steeler — they get to meet him before the show — but they are nervous about the big crowd around them.



Const. Phil MacDonald stands with his police dog, Const. Steeler at Grand Parade Sunday before a matinee performance of the Royal Nova Scotia International Tattoo. ZANE WOODFORD/METRO

10

Steeler was 10 months old when he met Const. MacDonald

For MacDonald, that's no sweat. He does lots of public speaking, so he's used to talking to people, and Steeler's not fazed by the crowd at all. "When he's out, he's certainly focused on the task at hand. He just wants to please me, get the job done, and move on."

After that job is done, it's back to police work for MacDonald and Steeler.

After Sunday's matinee per-

formance of the Tattoo, the pair was scheduled to work the 5:30 p.m. to 5:30 a.m. shift. "His biggest job ... is to track and apprehend criminals," he said.

MacDonald and Steeler have been working together for five years, ever since the hundred-pound dog got off a plane from Frankfurt, Germany at 10 months old.

"The bond starts then, and it continues to grow every shift that you work together," he said. "He comes home with me, he's at work with me, he's over my right shoulder every day of the week that I'm at work."

+ 'FOZZY' BACK IN ACTION

Halifax police are celebrating the triumphant return of one of their furriest members after spending months in recovery due to an injury.

Fozzy, a police service dog with the K9 unit, sustained an injury during training in April and has been out of commission ever since, according to a

police spokesman Friday.

But after receiving a clean bill of health from a veterinarian, Fozzy returned to work with his handler Const. Peter Gallant on Thursday, managing to track down a suspect — an impaired driver — who fled the scene of a single-vehicle crash into

the woods off Highway 207 near West Chezzetcook.

"It was a great first day back on the job," Sgt. Pierre Bourdages said Friday.

He explained police service dogs provide an "invaluable service" to officers and are great tools to have at any scene. "It's great to have Fozzy back." METRO

MacDonald said Steeler only has a few years of po-

lice work left before he turns in his badge, and MacDonald

takes him home — not as a co-worker, but as a pet.

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ROYAL NOVA SCOTIA INTERNATIONAL TATTOO

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NORWAY: His Majesty the King's Guard Band and Drill Team

OMAN: The Royal Army of Oman Pipes and Drums

SWEDEN: Home Guard Band of Eslöv

UNITED STATES: Middlesex County Volunteers Fifes & Drums, Fellswater Celtic Ensemble

INTERNATIONAL: North American Brass Band Summer School Musicians

CANADA: Canadian Armed Forces Musicians, Pipes and Drums, RCN Guard, Atlantic Region Cadets, RCMP National Ceremonial Troop, Nova Scotia Irish Dancers, Highland Dancers, Halifax Cheer Elite, Adult Choir, Children's Chorus, Featured Soloists

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NOVA SCOTIA

Canada
HALIFAX



Cyclists rode naked through the streets of Halifax on Saturday for World Naked Bike Ride. HEIDE PEARSON/METRO

'It kind of gets people in a different mindset'

CYCLING

Halifax cyclists bare all in 8th annual Naked Bike Ride

Heide Pearson
For Metro | Halifax

The song Hot in Here by Nelly took on a whole new meaning Saturday afternoon, as it was

the starting song of the eighth annual World Naked Bike Ride in Halifax.

As many as 50 cyclists took to the city streets on their bicycles, most wearing nothing but body paint.

"The point of it is to raise awareness about the vulnerability of cyclists, and I think it draws a lot of attention," said cyclist Justine Muller.

All the cyclists gathered on Fern Lane to paint their bodies, and get comfortable together, before heading out across Halifax.

Some cyclists went completely bare, some had elaborate body paint designs of flowers, trees and slogans like "more ass, less gas", some wore bathing suits and some wore just bottoms.

"I was very uncomfortable with the idea of being

completely naked," said Erin Beaubien. "But I read some stuff online and it said 'do whatever you feel comfortable in,' so it's cool."

"Now's just a really good time to just say 'stop judging people for their bodies,'" said Muller.

"The point of it is to raise awareness about the vulnerability of cyclists, and I think it draws a lot of attention."

Cyclist Justine Muller

Many people were lined up on Agricola and May streets to watch the parade of mostly nude cyclists, led by cyclist Tom MacDonald pulling a speaker blasting confidence-boosting music.

"I just couldn't resist when I saw how awesome everyone was feeling and how fun it was," said MacDonald, who's been riding in the Naked Bike Ride for seven years.

"The first time that I did it I was nervous," he said. "Everybody's been very receptive and positive about it."

8

The number of years the World Naked Bike Ride has been held.

"It's important to kind of have those moments when you go 'oh wait, we don't necessarily need to be acting the way the way we are,'" said Laura Gallagher-Doucette.

"It kind of gets people in a different mindset."

CRIME

Eskasoni man charged with second-degree murder

RCMP say a 36-year-old Eskasoni, N.S., man is facing a second-degree murder charge after a man died following an altercation in the community.

Police say Albert Bernard — who was arrested at around

8:30 p.m. Saturday — is to appear in court on Monday.

Police say a man had fled after a physical altercation on Spencer's Lane on Saturday afternoon.

Investigators say another

36-year-old Eskasoni man, who police say was known to Bernard, died from his injuries on the way to hospital.

Police are continuing the investigation.

THE CANADIAN PRESS



RCMP say an Eskasoni man died after an altercation with another man. METRO FILE

Local knowledge pays off for golfer

INSIDE THE ROPES

Golf pro Sara Wilson turns caddy at Nova Scotia Open



Kristen Lipscombe
Metro | Halifax

Sara Wilson of Windsor Junction isn't just a caddy.

She's also a professional golfer.

So having her carry his clubs for this weekend's Nova Scotia Open was an easy call for Abraham Ancer of Mission, Texas, who won the second annual event Sunday on Ashburn Golf Club's new course.

"I met her last year," Ancer, 24, said after beating out fellow Texan Bronson Burgoon with a birdie on the playoff hole after finishing the four rounds at 13-under par. "I had conditional status. I didn't play very well."

He came back to Halifax this summer determined to improve his performance on what is the only Canadian stop of the Web.com Tour, a major stepping stone on the road to the PGA Tour.

"We kept in touch a little bit, and she sent me a message on Twitter probably a couple of weeks before the tournament and I told her, 'I want her on the bag,'" Ancer said.

"She knows the golf course really well ... (and) she was good on the greens, which gave me confidence."

Not only did Ancer claim this year's Nova Scotia Open trophy, his first Web.com Tour title, but he has also likely earned his PGA Tour Card, with Wil-



This year's Nova Scotia Open winner, Abraham Ancer of Texas, gets some friendly feedback from local pro golfer Sara Wilson of Windsor Junction, who caddied for him at the second annual Web.com Tour event held at Ashburn Golf Club's new course. KRISTEN LIPSCOMBE/METRO

300

More than 300 volunteers helped out at this year's Nova Scotia Open, according to Ashburn Golf Club general manager Gordie Smith.

son watching enthusiastically from the sidelines.

"I just tried to keep him calm as best I could, and help him with the line for sure," Wilson, who spent 14 years as assistant professional golfer at Ashburn, said of having a new role on the course.

Before taking that final putt on the 18th hole, the two pros discussed their game plan.

"We were just kind of confirming where he wanted to land it, and if he had the right club," said Wilson, who now runs Metro Ladies Golf, Inc., in Dartmouth and was one of only a couple female caddies at the second annual Nova Scotia Open.

"For me, it was just any chance of getting inside the ropes ... that's what I want to do," Wilson said. "Being where the action is."

Andrew Bondy, caddy master for the event, said Sunday there were upwards of 90 local caddies participating, the most of any Web.com Tour event.

TRENDS

Growing number of Canucks cutting out cable TV: Report

A growing number of Canadians are ditching their traditional television subscriptions, according to a new CBC research report.

The May 2015 report said more than half of Canadians currently without cable television have "cut the cord," meaning they had a television subscription and cancelled it.

"With the prevalence of TV content on the Internet and Netflix, Canadians are seeing less need to have a TV subscription," the report said.

Sixteen per cent of Can-

adians don't pay for a traditional TV service, up from 12 per cent three years ago, the report said.

"We consider it a big jump," said Mark Allen, senior director of corporate research at CBC/Radio-Canada in Ottawa. "People have realized that if they're a light TV viewer, they can get what they need on the Internet."

Marjie Lynn was looking for ways to save money when she decided to cut ties with her television provider.

"We're the average Nova Sco-

tian family, living paycheque to paycheque to paycheque and ... you look at things that you can do, and one of those was cutting off cable," said the educational assistant in a recent interview from Hantsport, N.S.

"With the wonders of Netflix and online streaming ... you can basically achieve all the TV watching that you want."

The report also said a fifth of television subscribers were interested in cutting the cord, with a third already having taken steps towards that end.

THE CANADIAN PRESS

BY-ELECTION
Dartmouth South



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The VIC lists the times and places for voting and confirms that you are on the List of electors. It's bright yellow. Bring your card with you when you vote. The voting process will be faster.

If you are eligible to vote and do not receive your VIC by July 6 or, if you wish to correct information on the VIC you receive, please contact your returning office. The returning office for Dartmouth South is located at 205 Pleasant St., Dartmouth. Call, 1-844-229-5614.

You can still be added to the List of Electors if you are:

- 18 years of age or older on **July 14, 2015**
- A Canadian citizen
- A resident of Nova Scotia since **December 12, 2014**
- A resident of **Dartmouth South**

Contact your returning office to find out how to be added to the List and to locate the polling station at which you vote or, use the "Where do I vote" facility at electionsnovascotia.ca.

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Richard Temporale
Chief Electoral Officer
July 6, 2015



Woman fights off raccoon

CANADA DAY

Dives into pond to save imperiled dog

A Tidnish Crossroads woman is recovering with scratches and bites from an aggressive raccoon she wrestled off her dog in 12 feet of water.

"It all started when we were getting ready to go to the Canada Day fireworks in Pugwash," Dawn Simmonds said at her home Friday.

"My dog had gone down to the ponds. She's a hunting dog and she follows a muskrat that goes between ours and neighbour's pond. I heard a lot of barking, but she didn't return when I called her. Just more barking. So I went down to see what was going on."

What she found was a raccoon almost the same size as her 37-pound dog, Star. The dog had backed the raccoon into the pond. Or so she had thought.

Simmonds knew Star was in a dangerous situation.

"My father warned us long ago if a raccoon feels threat-



Dawn Simmonds and her pet dog Star have some battle scars and memories after a Canada Day fight between the two and a raccoon that thought it had the upper paw. TC MEDIA

ened near water it will back into the water to draw the attacker in, and then drown them," she said.

Her father's words came back to her as the raccoon waded backwards into the water. Emboldened by the raccoon's retreat, Star went after

the furry bandit. Then the raccoon reversed directions and attacked, taking Star down to the pond's bottom.

"I can't believe what I did to save my dog," Simmonds said. "My mama bear instincts kicked in. I kicked off my sandals and dove underwater and

grabbed the raccoon by the back of the neck and Star in the other and separated them."

Except for a bite on the nose, Star was okay and made her way back to dry land. Simmonds, on the other hand, had a raccoon in her hand while treading in 12-feet of water.



I can't believe what I did to save my dog.

Dawn Simmonds

"I didn't feel the bites at that time. It was pure adrenalin," Simmonds said. "So, I pushed him down as far as I could into the water before I let him go and I swam up. He swam up away from me, gasping for air, and took off ... it was an epic battle in the pond."

Bloodied, Simmonds called her sister to take her to the hospital where she was patched up.

On Friday Simmonds began treatment for potential rabies — which includes a needle in every single tooth mark the raccoon made on her — and Star is under observation for the next 10 days.

Despite the discomfort that comes after a good battle, Simmonds says she holds no ill will towards her opponent.

"I think he was hunting frogs until Star came along. I was lucky it was not more severe."

TC MEDIA

IN BRIEF

Dingle Beach reopens

Just in time for hot and sunny weather across the city, Halifax Regional Municipality announced Friday that Dingle Beach has reopened for swimming.

Tests earlier this week had indicated high bacteria levels in the waters off Sir Sandford Fleming Park on Dingle Road, but followup samples show "that the water is once again safe for swimming, as per Health Canada guidelines," an HRM news release said. METRO

Man stabs two workers at local soup kitchen

Police say a man stabbed two staff members at Hope Cottage in Halifax on Friday evening. The incident happened at approximately 5 p.m. at 2345 Brunswick St.

Police said staff tried to escort a man causing a disturbance out of the building. The man allegedly produced a knife and stabbed two male staff, aged 58 and 30. Both suffered minor wounds and were taken to hospital.

A 29-year-old man was arrested in relation to the stabbing. METRO

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SUMMERTIME WARM WATERFRONT A woman dangles her legs over a chair on the Halifax waterfront on Sunday, when temperatures reached up to 26 C.
ZANE WOODFORD/METRO

Union head suspended

LABOUR

Firefighter had criticized the city for not replacing truck

Members of the firefighters union local in Corner Brook, Newfoundland and Labrador say its president has been suspended by the city for comments he made to a local newspaper.

The comments were a response to the city's announcement last week that because one of their fire trucks had to be decommissioned, the Corner Brook fire department is currently unable to respond to calls outside the city.

Union president Peter Daniels was suspended after he criticized the city for not

replacing the aging truck sooner.

Members of the International Association of Fire Fighters Local 1222 say the city cited an employee conduct policy as justification for the suspension.

The union members maintain that Daniels' comments were not false or defamatory.

Neither Daniels nor a representative for Corner Brook could be reached to comment on the current suspension.

This isn't the first time the city of Corner Brook and the local firefighters union have disagreed. Former union president Geoff Sparkes was suspended in 2013 for an ad the union placed in the paper.

Sparkes' one-week suspension ended up being overturned and he was compensated for his lost shifts.

THE CANADIAN PRESS

CONSTRUCTION

Muskrat Falls lagging behind

A report on progress at the Muskrat Falls hydro project in Labrador says it is still expected to produce electricity on schedule even though construction progress is falling behind.

The project's oversight committee report says the \$6.99-billion construction budget is unchanged and the facility is projected to start generating power in December 2017 as scheduled.

But the report, based on

progress up to March, says construction is lagging on the generating facility and transmission infrastructure.

It says 25.2 per cent of the construction was completed by March rather than 31.4 per cent as planned.

The report blames delays in concrete placement and says a plan was implemented to speed up the work and get construction back on schedule.

The Muskrat Falls facility on

25.2%

The percentage of the construction that was done by March.

the Churchill River is projected to start generating power at full capacity in May 2018.

THE CANADIAN PRESS

IN BRIEF

Motorcyclist in hospital after hitting deer

Colchester County RCMP is investigating a serious collision that sent a 19-year-old man to hospital with very serious injuries. Just before 11:30 p.m. Friday night the rider of a motorcycle collided with a deer while travelling east on Onslow Mountain Road. RCMP, EHS and the Onslow Belmont Fire Brigade responded to the collision. METRO

CUPE'S PENSION PROPOSAL: BETTER FOR RATEPAYERS; BETTER FOR RETIREES

On June 25, after a six-week lockout by Halifax Water, CUPE Locals 227 and 1431 made a very balanced proposal that would benefit both ratepayers and future retirees.

Our proposal:

- saves ratepayers \$1.8 million more than the employer's proposal
- requires plan members to contribute a little more on a temporary basis while the plan is in deficit
- uses a temporary freeze on the cap on the maximum pensionable earnings at \$141,000 to lower plan costs
- protects 98% of the current plan benefits at retirement

Union retirees at Halifax Water now receive a modest \$22,000 on average when they retire. Senior management retirees are in line to receive more than \$84,000. Yet Halifax Water is demanding a more expensive plan with further concessions that favour managers over workers.

Please call (902) 490-4010 and tell Mayor Mike Savage and Councillors Russell Walker, David Hendsbee, and Barry Dalrymple that it's time to get involved. Tell them to treat their workers fairly and support CUPE's proposal which is fair for ALL workers at Halifax Water and is more cost effective for Halifax Water ratepayers.



HANDS OFF OUR PENSIONS!

A message from CUPE
Locals 227 and 1431

CUPE



IN BRIEF

Motorcyclist dead after collision on Highway 6

A 24-year-old man from Tatamagouche is dead after a motorcycle crash early Sunday morning.

Police in Colchester County say they responded to a report of a motorcycle crash at 4:45 a.m.

They determined the driver lost control of his

motorcycle on Highway 6 near the Main Street intersection.

He was found in a nearby driveway and pronounced dead at the scene.

A release from the RCMP says the area will be closed intermittently for much of Sunday while police continue their investigation. METRO

Pizzeria robber sought

CRIME

Police seek information on gun-wielding assailant



Kristen Lipscombe
Metro | Halifax

Halifax Regional Police are attempting to track down a gun-wielding man who tried — and ultimately failed — to rob a north-end Halifax pizzeria late Thursday night.

The man walked into Metro Pizza on Lady Hammond Road just after 11 p.m. carry-

ing a firearm, police said.

The man ended up fleeing the store empty-handed.

He was described to police as between five-foot-five and five-foot-eight with a medium build.

He was wearing grey jogging pants and a black hoodie with a silver logo at the time of the attempted robbery, police stated in a news release.

Nobody was injured during the incident but police are still investigating.

Anyone with information regarding this attempted robbery is asked to call police at 902-490-5020.

To submit an anonymous tip to Crime Stoppers, you can do so by calling 1-800-222-TIPS (8477).



ARM WRESTLING SUCCESSFUL TITLE DEFENCE Digby's Phil Carty struggles to stop Rob MacNamara in the first match on Saturday. Carty went on to win three straight matches to defend his Battle of the Atlantic heavyweight arm wrestling belt at Lobster Bash. DIGBY COURIER

IN BRIEF

Police hand case over to serious incident response

Halifax Regional Police have handed a case over to their serious incident response team after a man sustained a broken hand while in custody overnight Thursday. Officers went to an address on Springhill Road in Dartmouth at 5:30 p.m. Thursday in search of a man, 33, in breach of court-imposed conditions, a Halifax police news release stated.

He resisted arrest but was taken into custody Thursday. He was treated in hospital, and was returned to police custody. He was set to appear in Dartmouth provincial court later Friday afternoon. METRO

Stolen Porsche set on fire on isolated trail, explodes

Police say an explosion in Harrietsfield was caused by a stolen vehicle that had been set on fire.

Police found the 2009 Porsche Cayenne on fire on an isolated trail after responding to reports of an explosion in the Brunt Road area at 5 p.m. Saturday. The Porsche had been reported stolen by the owner. METRO

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RCMP

Three men arrested over car break-ins, face 38 charges

Three men face a total of 38 charges related to vehicle break-ins in New Minas, N.S. last week.

Police say they arrested Chance Johnstone, 18, and Kolby Jordan and Nelson Veinotte, both 20, after responding to a complaint of a suspicious person trying to break into a vehicle early on June 24.

Kings District RCMP investigated and found three vehicles had been broken into, with

items taken including prescription drugs, sunglasses, binoculars and a large amount of change.

Police say the three men, all from the Kentville area, face charges that include theft from a motor vehicle and possession of a controlled substance.

They have been released on conditions and will appear in provincial court on two separate dates in July and August.

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Police found three vehicles had been broken into. METRO

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Observers concerned with fixed-date election

POLITICS

Change creates a loophole for spending that may be abused

The first fixed-date election in Canadian history is just around the corner, but some observers are raising concerns about overspending because of a law they say is flawed.

When the Conservatives introduced a fixed election date nine years ago, political financing rules were not adjusted accordingly, says Elections Canada boss Marc Mayrand.

"We must not be blind," said Mayrand. "As much as it is easier for Elections Canada to plan for the election, it's just as easy for political parties and third parties" to plan their spending before the election.

Those expenses generally go "beyond the rules outlined in the electoral law," he added.

The Harper government had a chance to close some of those loopholes when it examined the electoral law but opted to leave a "gaping hole," says Thierry Giasson, a political science professor at Université Laval.

"The issue of pre-election spending was raised but the government consciously decided not to dwell on it," said Giasson.

Election campaigns are organized 12 to 18 months in advance, but only expenses incurred during the official campaign period are capped, Giasson said.

A fixed-date election extends



Chief Electoral Officer Marc Mayrand arrives at a Commons house affairs committee hearing in Ottawa on March 6, 2014. When the Conservatives introduced a fixed election date nine years ago, political financing rules were not adjusted accordingly, says Elections Canada boss Mayrand. JUSTIN TANG/THE CANADIAN PRESS



The issue of pre-election spending was raised but the government consciously decided not to dwell on it.

Thierry Giasson, political science professor at Université Laval

that period considerably — meaning weeks and months of unofficial campaigning not subject to rules, opposition MPs say.

"Pre-election spending is subject to quite significant abuse, with taxpayers' money that is used for government announcements," said Liberal

MP Dominic LeBlanc.

The NDP's Peter Julian said using public funds to "constantly finance a sort of partisan campaign in favour of the Conservative party" is a Harper government "trademark."

The Conservatives were criticized in the spring for trumpeting tax measures not yet

approved by Parliament: the Universal Child Care Benefit.

Cheques are going out to four million families in the days to come and have been the subject of recent Conservative photo-ops featuring cabinet ministers Pierre Poilievre and Steven Blaney.

Conservative MP Maxime Bernier dismissed the notion that events like those are part of a strategy to seduce voters with electoral goodies.

"People are smart," Bernier said. "I think the public knows the difference between pre-election ads to ... try to buy votes and ads that are part of

+ BACKGROUND

Canada's first fixed-date election: Oct. 19, 2015

This will mark the first fixed-date election in the country's history. Fixed-date elections were introduced by the Conservatives as an amendment to the Elections Act in 2006. PARL.GC.CA

a broader government plan."

Political parties aside, the emergence of third-party groups like Engage Canada and HarperPAC on the political landscape has some observers speculating about an Americanization of the Canadian electoral system.

Others believe Canada is still a long way from that reality.

"Is the political culture changing, and how much of that is actually due to the fixed date?" Mayrand wondered. "That's a little hard to say, but I would say we are still far from the U.S. system."

The Oct. 19 vote will mark the first time a fixed election will have taken place since the Conservatives introduced the measure in 2006. While it was designed to create a level playing field, Giasson said it's clear the party in power still has the upper hand.

Mayrand said he'll make recommendations to Parliament following the general election and will likely tackle the spending issue.

"There might be a way to frame spending, if Parliament considers it useful to do so," he said. "I will probably have proposals on that topic."

THE CANADIAN PRESS

CENSUS

StatsCan asks the question

Call it the Mike Duffy question.

When Canadians receive their census questionnaire next year, they'll be asked to fill out the address of their "secondary residence," if they happen to have one and are at that location on census day.

"A secondary residence" could be, "for example, a cottage," the form reads.

It's the same question that Statistics Canada asks every five years: Tell us where you live and whether this is your usual place of residence. The organization says the questions were the same in 2011.

All of which means the agency has a better idea of what constitutes a secondary residence than the Senate does — a question central to the ongoing controversy over housing expenses and the upper chamber.

The census question is meant to ensure respondents aren't counted more than once. Such a mistake, multiplied millions of times over, could throw off population counts that governments and private businesses use when designing programs or planning projects.

It's up to the person filling out the form to determine their "usual place of residence," said spokeswoman Nadine Lacroix.

There are eight senators who are in trouble over their housing claims, including Duffy, Patrick Brazeau and Mac Harb. They and five others were referred to the RCMP after last month's Senate spending audit.

In each case, senators have been accused of not spending enough time at their primary residence, which would make them ineligible for an annual housing allowance.

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BACKGROUND

Here are five contributors to Greece's current state:

The credit binge: Greece has engaged in a credit binge since the early 1980s, spending the money on plush government jobs for supporters of the two major political parties, driving up wages and making Greece a costly place to do business. It also looked the other way on widespread tax evasion.

The euro: Despite its rickety finances, Greece shaped up a little for a few years and qualified to join the eurozone in 2001, but it promptly went back to its old ways.

Low interest: The euro fueled the debt binge. Banks bought Greek bonds in euros while Greece borrowed at ridiculously low rates. After the financial crisis of 2009 made investors wary of risk, Greece revealed its deficit was far higher than thought and its finances out of control. Borrowing costs shot up. It couldn't pay.

Austerity: Greece got a 110-billion-euro bailout in 2010 from eurozone countries and the International Monetary Fund. Creditors attached tough conditions but the cuts undermined growth. Unemployment soared. Misery multiplied.

Handcuffed by the euro: With its own currency, Greece could have defaulted on its debts and devalued, quickly erasing its international cost problem, and moved on within a few years. Cutting wages and prices is tougher and takes longer. Thus, the euro prolonged the agony.

THE ASSOCIATED PRESS



Supporters of the No vote celebrate after the results of the referendum at Syntagma square in Athens, Sunday. Greeks overwhelmingly rejected creditors' demands for more austerity measures. EMILIO MORENATTI/THE ASSOCIATED PRESS

Big 'No' to austerity

GREEK REFERENDUM

Nation's future in eurozone uncertain

Greeks overwhelmingly rejected creditors' demands for more austerity in return for rescue loans in a critical referendum Sunday, backing Prime Minister Alexis Tsipras, who insisted the vote would give him a stronger hand to reach a better deal.

Tsipras gambled the future of his five-month-old left-wing government on the vote. The opposition accused him of jeopardizing the country's membership in the 19-nation eurozone and said a "yes" vote was about keeping the common currency.

With 70 per cent of the votes counted, the "no" side had more than 60 per cent.

Finance Minister Yanis Varoufakis said Sunday that creditors planned from the start to shut down banks to humiliate Greeks and force them to make a statement of contrition for showing that debt and loans are unsustainable.

On Sunday night's result, he said that "no" is a big "yes" to democratic Europe. It's a no to the vision of Europe as an infinite cage for its people. It is a loud yes to the vision of the Eurozone as a common area of prosperity and social justice."

Thousands of government supporters gathered in central Athens in celebration, waving Greek flags and chanting "No,



Today, democracy is defeating fear ... I am very optimistic.

Prime Minister Alexis Tsipras

No, No."

"We don't want austerity measures anymore, this has been happening for the last five years and it has driven so many into poverty, we simply can't take any more austerity," said resident Yiannis Kkovesis, 26.

Governing left-wing Syriza party Eurodeputy Dimitris Papadimoulis said that "Greek people are proving they want to remain in Europe" as equal members "and not as a debt colony."

Minister of State Nikos Papas, said on television it would be "wrong to link a 'no' result to an exit from the eurozone. If a 'no' prevails that will help us get a better agreement."

Tsipras' high-stakes brinkmanship with lenders from eurozone countries and the International Monetary Fund resulted in Greece defaulting on its debts this week and shutting down its banks to avoid their collapse. He called the referendum last weekend, giving both sides just a week to campaign.

European officials had urged Greeks to vote against the government's recommendation. The leaders of Germany and France called for an EU summit Tuesday to discuss the situation.

THE ASSOCIATED PRESS

ROYAL FAMILY

Milestone for U.K.'s Princess Charlotte

Prince William and his wife, Kate, marked a milestone for their newborn baby Princess Charlotte on Sunday — a christening ceremony on Queen Elizabeth II's country estate that was steeped in royal tradition.

Hundreds of fans outside St. Mary Magdalene Church in Sandringham, a sprawling royal estate near England's eastern coast, cheered as William and Kate arrived with toddler Prince George and nine-week-old Charlotte, who was in a vintage pram.

It was only the second time Britain's newborn princess, who is fourth in line to the throne, has been seen in public since she was born on May 2.

Like her elder brother George, Charlotte was dressed for the occasion in a replica of the intricate lace-and-satin christening gown made for Queen Victoria's eldest daughter, also named Victoria, in 1841. Until 2008, that original gown had been worn by all royal babies — including the queen — at their christenings.

Following royal tradition, holy water from the River Jordan, where it is said Jesus was baptized by John the Baptist, was used for the baptism.

The 16th-century church, close to William and Kate's country house Anmer Hall, is where the royal family traditionally gathers for Christmas service. It is also where Charlotte's late grandmother, Princess Diana, was christened in 1961.

The ceremony was private — the Queen, her husband Prince Philip, Prince Charles and Kate's family were among a small group of guests allowed inside. Guests also included five godparents that William and Kate chose for Charlotte.

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NEW YORK

Escapee faces 23 hours a day in a cell

The surviving escapee from a prison break and three-week manhunt will spend 23 hours a day in a maximum-security cell, much more confined than he and a fellow murder convict were in the prison from which they managed a getaway, officials said Sunday.

David Sweat, who was shot and wounded during his June 28 capture, was taken early Sunday from Albany Medical Center to the infirmary at the Five Points Correctional Facility in the cen-

tral New York town of Romulus, the state Department of Corrections and Community Supervision said in a news release.

He'll be among the up to 150 men held in the Special Housing Unit, where each inmate spends nearly all his time in a 105-square-foot cell with a bed, a writing platform, a toilet, a sink and a shower. The inmates generally are allowed out of their cells to exercise for an hour a day.

Sweat, 35, will be put on suicide watch. THE ASSOCIATED PRESS

SOUTH AMERICA

Pope embarks on three-nation tour

History's first Latin American pope returned to South America for the first time on Sunday, bringing a message of solidarity with the region's poor, who are expected to turn out in droves to welcome their native son home.

"The pope of the poor" chose to visit Ecuador, Bolivia and Paraguay specifically because they are among the poorest and most marginal nations of a region that claims 40 per cent of the world's Catholics. He's skipping his homeland of Argentina, at least partly to avoid papal entanglement in this year's presi-

dential election.

Francis' plane landed in Quito, Ecuador, where falling world prices for oil and minerals threaten to fray the social safety net woven by President Rafael Correa, who has been buffeted for nearly a month by the most serious anti-government protests in more than eight years in power.

Thousands lined the motorcade route. The pope was switching from a car to a bubble-windowed popemobile for the last five miles. Pilgrims came from far and wide.

Francis is likely to raise environmental concerns with Correa and the leader of Bolivia — who have promoted mining and oil drilling in wilderness areas — given his recent encyclical on the need to protect nature and the poor who suffer most when it is exploited.

Francis' stops include a violent Bolivian prison, a flood-prone Paraguayan shantytown and a meeting with grass-roots groups in Bolivia, the sort of people he ministered to in the slums of Buenos Aires as archbishop. THE ASSOCIATED PRESS



A child holds a doll of Pope Francis as he waits for his arrival in Quito. DOLORES OCHOA/THE ASSOCIATED PRESS

U.S. trading pits go silent

TECHNOLOGY

New systems force closure of futures floors in Chicago, N.Y.C.

Pete Meegan had every intention of going back to college, but then he got a summer job in the Chicago trading pits and fell in love with the "roar" of the floor, the excitement of "4,000 people yelling, 'Buy! Buy! Buy!'" and decided there would be no more classrooms for him.

That roar will soon go silent. On Monday, most futures pits in Chicago and New York City, where frenzied buying and selling once helped set prices on cattle and corn, gold and dozens of other commodities, are expected to close for good. Traders yelled and shoved and flashed hand signals, just as they did in the movie *Trading Places*. But now the computer — faster, cheaper and not nearly as noisy — has taken over.

It will be a sad day for Meegan, still in the pits 34 years after dropping out of college,



Clerks shout in the Euro Dollar Futures pit at the Chicago Mercantile Exchange in this September 2003 file photo. Most pits in Chicago and New York City where traders bet on future prices of major commodities are expected to close for good today. ANNE RYAN/THE ASSOCIATED PRESS FILE

donning a trading jacket and mustering the courage to tell his dad.

"I thought he was gonna kill me, but he was like, 'I don't care if you pick up garbage or

you're a dog groomer. If you are happy doing what you are doing, you're ahead of 99 per cent of the people in the world,'" recalls Meegan, now 54.

Dan Grant, 53, traces his love

affair with the pits to a \$150-a-week job as a "runner" ferrying messages between clerks taking phone orders from customers and brokers executing them.

Six years into his career, on

Oct. 19, 1987, stocks were plunging around the world and he was a clerk taking orders from the head traders at Chemical Bank and Drexel Burnham Lambert desperate to buy anything to protect themselves. Grant still marvels that at just 24, with no college degree, he wielded such power in the crash, later known as Black Monday.

"They were buying Treasuries and currencies, and watching their stock portfolios go to zero," he recalls. "It was a lot of fun."

Not all futures pits are going away. In its February announcement about the closings, the owner of the exchanges said the pits where Standard and Poor's 500 stock futures and options on futures are traded will remain open.

Floor trading of stocks on the New York Stock Exchange, which is owned by a different company, won't end, either.

Grant, the runner turned clerk who now oversees his own trading firm, says he mourns the loss of the kind of entry-level positions that gave kids without much education a chance to prove themselves, just as he did.

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IN BRIEF

Chinese factory collapses

A shoe factory collapsed in eastern China during a weekend shift, killing at least nine people and injuring more than 30, officials said Sunday. Nine people escaped the collapse Saturday afternoon in the Zhejiang province city of Wenling. Rescuers pulled 42 people from the rubble and sent them to a hospital where nine of them died, the Wenling city government said on its microblog. The cause of the accident is still under investigation.

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Market free fall in China delays public offerings

More than two dozen companies in China are postponing initial public offerings and security companies are pledging more than \$19 billion for a fund to stabilize the country's stock market. The Chinese stock market has been in free fall for three weeks, losing 28 per cent of its value since June 12. The drop has wiped out trillions of dollars in market value in only a few short weeks.

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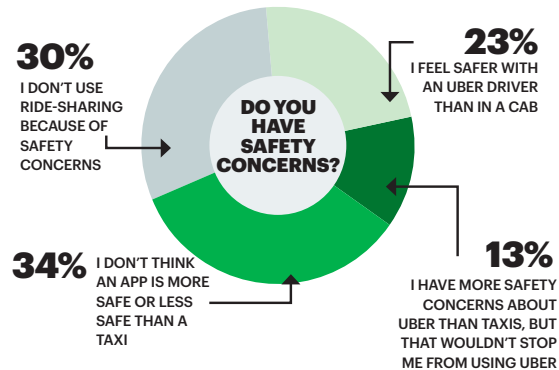
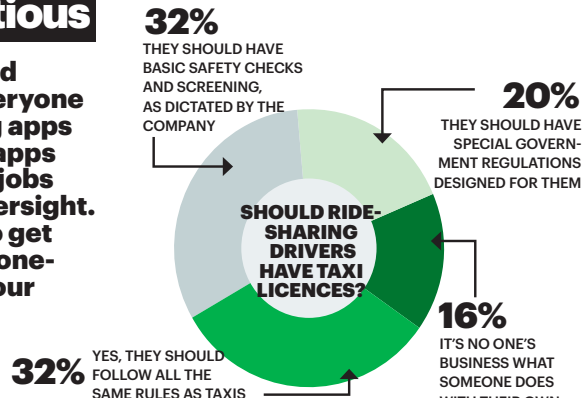
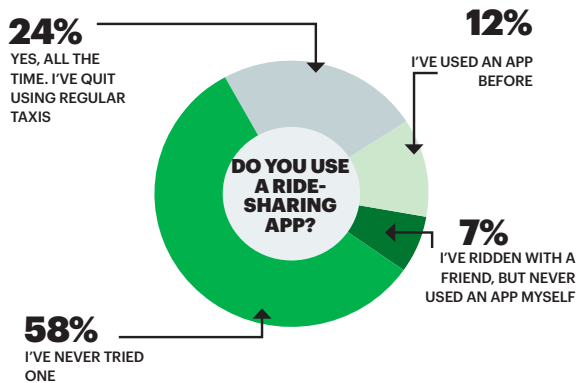
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THE BIG POLL: Uber-contentious

It's dominating headlines, street protests and taxicab conversations across the nation: Everyone seems to have an opinion about ride-sharing apps like Uber and Lyft. For traditionalists, these apps are replacing taxi drivers' well-paid, secure jobs with unlicensed casual workers and little oversight. To others, it's a cheap and convenient way to get around — and a sign that the future smartphone-based retail economy is en route. We asked our online readers where they stand.

Visit metronews.ca every Friday morning to answer The Big Poll and have your say.



ROSEMARY WESTWOOD

metroview

Some days, I don't believe victory over sexism is possible

Question: How many reports does it take to end sexism?

Answer: Infinite. Or: None.

Since the report on sexism at Dalhousie's dentistry program was released last week, observers have noted — just as they did after the report on sexism in the military came out earlier this year — that no campus or government department is an island. Our broader culture is, at root, to blame.

And it's true.

The Dalhousie report, which stemmed from the revelation of a very rapey Facebook page run by male students — found the school “permits incidents of sexism, misogyny, homophobia and racism.”

Dalhousie, of course, isn't alone. Last week, a York University student filed a human-rights complaint against that school for its allegedly lackadaisical response when she told them she'd been raped by a fellow student.

“The (Facebook page) ‘Class of DDS 2015 Gentlemen’ did not exist in a vacuum,” the Dalhousie report notes in its section on “Society,” under the heading “Why did this happen?”

If that sounds like a cop-out by the report's authors, partly, it is. It's an admission of the obvious: that reports can't solve sexism, as much as they may attempt to do their part. They can't even force change

unless they're turned into action (the Dalhousie recommendations don't even include new rules at the school: It already has sufficient ones in place).

In fact, they're most successful as litmus tests. We're at a point on the sexism scale, they indicate, where the ultimate, implicit goal is a world free from prejudice. We've made improvements, we then tell ourselves. Maybe, with these reports, we can make more.

And maybe, a lot won't change. The Dalhousie Facebook page, with its comments about using nitrous oxide on women and “hate f-king” them, carries the same message as was scrawled across Queen's University in 1989. At the time, as This Magazine reported, signs such as “No” means “Kick her in the teeth,” “No” means “more beer” and “No” means “Down on your knees, b-tch” were posted in response to a “No” means “No” campaign against date rape.

Some days, and this is one of them, I don't believe victory over sexism is possible. I don't believe reports will do much to help. I don't feel like doing the womanly thing and being grateful for how far we've come, or hopeful for the future. I'm not even angry.

I drink my coffee, and do my job, and think that's just the society we will always live in.

Probing the mystery of who killed Mills

HALIFAX MATTERS

Stephen Kimber



Mills Brothers — the iconic Spring Garden Road women's retailer that launched in 1919 when “carriage trade” was still more literal than metaphorical — shuttered its sliding doors Tuesday. It disappeared into receivership, putting 20 employees, some of whom had greeted customers for 30 years, out of work.

Perhaps it's because Mills was the last local business from Spring Garden Road's glory days as the “busiest shopping street east of Montreal” (remember The Cameo Restaurant, Mahon's Stationery, Winsby's Shoes, Martime Frame-It?) Or perhaps it's Mills' own special place in Halifax's social history. Dur-

ing World War II, co-founder Hugh Mills created Uncle Mel's Concert Parties, a massive musical and theatrical troupe, to entertain thousands of military personnel stationed in, or passing through Halifax. Mills' Christmas window display, featuring Snow White and the Seven Dwarfs, was a seasonal tradition.

Whatever the cause, losing Mills resonated last week. And raised a question: who, or what, killed Mills?

Mills had remained in family hands until local entrepreneur Mickey MacDonald bought the business in 2007, more for its prime location than its retail innards.

Some blamed MacDonald for the closure.

MacDonald blamed “street people” who hang out on Spring Garden for scaring away customers, and called

for more police.

In 2012, he sold Mills to four professional women, none with retail experience, who eventually became two and relocated west on Spring Garden.

Some blamed them for abandoning Mills' traditional target market — women over 40 — in favour of what they billed as “the most-amazing fashion-shopping experience this side of Toronto, Montreal and New York.”

Fellow business owners blamed high rents and high property taxes, and called on the city to “step forward” and provide relief, if not leadership.

Kurt Bulger, the co-owner of nearby Jennifer's of Nova Scotia, argued the closure was “the culmination of about 25 years of horrid planning decisions by the city, allowing unchecked, unbridled residen-

Some blamed (the owners) for abandoning Mills' traditional target market — women over 40.

tial development outside the core.”

Not to forget city land deals that subsidized big box retailers. Etc., etc.

In the end, none of that matters much. As Mickey MacDonald put it: “People are going to miss it, the memory of the Mills. Maybe more than Mills itself.”

Mills Brothers, RIP.

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster.

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Karl's kitty caught up in fur pas

LUXURY FASHION

Ex sex kitten asks chic cat to purr-suade her owner to quit furring around

With fashionistas baking in a mascara-melting heat wave and Italy's Fendi set to raise hackles with an all-fur collection, Paris Fashion Week, which opened Sunday, may prove a tad too haute to handle.

High-fashion designers will unveil their autumn and winter collections over five days in Paris that will kick off with shows by Russian couturier Ulyana Sergeenko and Dutch designer Ilja Visser.

But the highlight of the extravaganza will be German fashion legend Karl Lagerfeld's collection celebrating his 50 years working for Fendi, hailed as the "longest relationship between a designer and a fashion house."

The show on Wednesday will be entirely "haute fourrure" or, couture fur — a material the luxury fashion brand has never shied away from.

French film icon and passionate animal activist Brigitte Bardot has already shown her disapproval by writing a letter to Choupette Lagerfeld, the designer's pampered feline companion.

Bardot appealed to the cat



— who has become famous with 48,000 Twitter followers — to "purr in the ear" of her master and save her "furry friends."

But even Choupette, whose every whim is catered to, is unlikely to stop the show.

Lagerfeld has often said that while he is very sympathetic to the anti-fur cause, doing away with the industry

would cause a lot of people to lose their jobs.

"For me, as long as people eat meat and wear leather, I don't get the message," he told the New York Times in a recent interview, adding however that he preferred not to think about how the animals died.

The indefatigable Lagerfeld, 81, will also be presenting his collection for Chanel, the fashion house that is perhaps the most synonymous with Paris's reputation for



glamour and known for spectacular staging.

In total some 30 designers will present the Haute Couture shows seen only in the City of Light.

The designation is protected by French law and attributed exclusively by the ministry of industry to 14 houses whose high-end clothes are entirely made by hand and

tailored to each client.

On Monday the glitterati will be glued to the show by Schiaparelli as French designer Bertrand Guyon makes his debut as style director for the legendary house.

Founded in 1930 by Elsa Schiaparelli, Coco Chanel's biggest rival, the house made its couture comeback in January 2014 after lying dormant for 60 years.

On Wednesday John Galiano will put on his second couture show for Margiela in Paris, after choosing to present his comeback collection in London in January — seen as a snub to the French capital where he fell from grace.

Galliano lost his job as Dior's star designer in 2011 when he was filmed in a Paris bar making slurred insults against Jews, and disappeared from the runway for several years.

This time it is Valentino who will be missing from the Paris couture diary, having chosen to show his collection on Thursday in Rome as he celebrates the opening of his largest store in the world. AFP

Karl Lagerfeld, his pet cat Choupette and four fur purse charms from his collection, celebrating 50 years with Fendi.

PHOTOS: GETTY, INSTAGRAM, FENDI.COM

Nourish work contacts

NETWORKING

Build on the momentum of those first introductions

OFFICE RELATIONS

Eleni Deacon



You click with a new contact at a professional event. You work in similar fields and seem to be on the same wavelength. Cards are exchanged. Later that week, you add each other on LinkedIn. Then you never speak again.

Sound familiar? Networking can be nerve-racking: not only do you have to figure out what to say to a stranger, you don't want to seem phoney or needy. But while that first introduction might appear daunting, it's a small hurdle compared to what's next. Because the trickiest aspect of networking isn't making new contacts — it's maintaining them.

To keep connections from crumbling, practise consistency. Effective networking doesn't



Keeping in touch with professional contacts will keep you on their radar. ISTOCK

mean sending a surge of emails when you start looking for a job. It should be a steady habit throughout your career. Rather than thinking of contacts as names on a scorecard, think of them as genuine relationships that evolve over time. The first

step to playing the networking long game: Stop thinking of it as a game.

Lasting affiliations require regular communication. In the weeks after you meet, send a targeted but casual email — then repeat the process periodically. Your notes could include links to cool articles, followup questions about their work, or anecdotes relevant to your previous conversations. The goal is not to immediately ask for a recommendation or favour — it's to develop a rapport. Reach out routinely, and they'll do the same when pertinent opportunities become available.

In-person catch-ups will also strengthen your ties. The time commitment doesn't have to

be huge: a quick lunch or coffee every six months to a year will be enough to upgrade your connection from distant acquaintance to friendly associate. No time to make things personal? Social media, when used thoughtfully, can keep your network fresh. You won't become besties, but simply liking Facebook statuses or favouriting tweets will ensure you're on their radar when gigs arise.

Networking isn't just about



The goal of networking is to develop a rapport

getting perks — it's also about giving them. One of the most effective ways to encourage someone else to help you is to help them first. Introducing a new contact to others in your sphere, offering expertise, or providing a quality service will demonstrate that you're not solely invested in your own advancement — you're also investing in them. The payoff may not be immediate, but chances are they'll return the favour at some point in your career.

Many people "hate" networking, but that's because they hate what networking shouldn't be: a schmooze. Show sincere interest in the people you meet, and they'll keep your best interest in mind.

CAREERS

Baltimore Ravens football star also a mathlete

Raquel Laneri
Metro | New York City

John Urschel is best known as an offensive lineman for the Baltimore Ravens. But he's also a mathematician whiz who has published academic papers (his latest: A Cascadic Multigrid Algorithm for Computing the Fiedler Vector of Graph Laplacians), taught college calculus (at alma mater Penn State) and presented research to the NSA.

In addition to teaching during the off-season, Urschel is now partnering with new startup Persado, figuring out how to use math to generate compelling ad copy. (So, he can add Don Draper 2.0 to his résumé, too.)

We caught up with the mathlete and asked him why it's important for football players to know their times tables.

You are a football player and a mathematician. Most people can grasp the



Baltimore Raven John Urschel #64 is a mathematics whiz. RONALD MARTINEZ/GETTY IMAGES

football player part, but what exactly does a mathematician do?

Being a mathematician, in essence, is just applying mathematics to the world we live in. And that's it ... It doesn't have to be in academia. It can be in government, working for the NSA; it can be in the private sector, such as with a com-

I always had this desire to understand the unknown, and math—man—it was this beautiful thing.

John Urschel

pany like Persado, which has mathematicians.

I believe that the 21st century is the century of

the mathematician. **So, does math make you a better football player? Is there a connection between math and football?** Mainly the competitive-ness. That strong competitive drive — “I’m going to beat you” — is the same when it comes to tackling a math problem — like, “I am going to solve this and

get at this and be victorious.”

Beyond that, the better you are at thinking quickly and efficiently, the better of a football player you’re going to be.

You’re involved with lots of STEM and education initiatives. Why is it so important for kids to get into math?

No matter what job you get into — whether it’s writing, working at a PR firm or playing professional football — mathematics will serve you well.

You will face problems throughout your life — problems that the great majority of the time you have never faced before. And all of a sudden, you’ll need to take your experiences, the skills you have learned, and the tools you have acquired and somehow apply them to this new thing.

Your careers are so different and both are challenging — how do you balance them?

I have this terrible balance in my life. The problem is I love football and I do football, and I love math and I do math.

But then I don’t want to do anything else, and I don’t do anything else ... But I like my life, so I guess it’s not that bad!

APP REVIEWS KRIS ABEL’S DIGITAL PICKS FOR THE WEEK



GAME

Batman: Arkham Knight

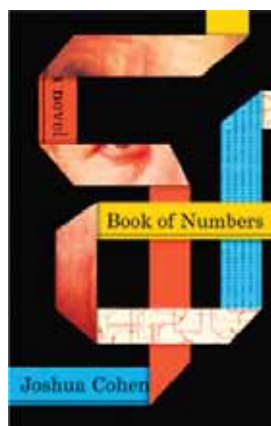
• PS4/Xbox One
• Rated: Mature 17+
Gotham leaves it to you to choose which emergencies to respond to and which villains to chase. Some tasks are made clunky by a first-person tankmobile, while others are a delight thanks to old, scene-chewing villains.



APP

GranText Auto

• iPhone
• Free
Distracted by her emoji phone, Grandma needs your help to drive. You must tilt your phone to steer and type out her texts to the Golden Girls theme song. As in real life, it’s hard to do both and car crashes are inevitable.



EBOOKS

Book of Numbers

By Joshua Cohen
• Kindle/iBooks/Kobo
In profiling the founder of a fictional Google, Cohen wrestles with a manic tech addiction, meaning he uses a lot of web jargon. It’s done with humour and craft, but says more about personal disorders than how our lives are made colder in a digital age.

TECHNOLOGY

Silicon Valley hacks the food industry

A wave of Silicon Valley-style disruption is hitting the food industry.

Lab-grown meat, vegan cheese and “animal free” milk and eggs are headed for consumers, often with backing from the tech sector and its financial allies.

These products could fill an important need while reducing environmental problems such as energy and land use for traditional food industries, according to backers.

This new group of startups is essentially hacking the food sector with new ideas and technologies involving food and with strong ties to Silicon Valley.

Some are using plant protein to substitute for animal products while others are producing foods biologically through so-called “cellular agriculture.”

At least \$138 million in investment poured into the segment of “sustainable protein” startups in 2014, according to the research firm AgFunder. Another research firm, CB Insights, calculates at least \$221 million invested in the sector



Soylent CEO Rob Rhinehart holds a bag of the meal replacement powder in a California warehouse. JOSH EDELSON/AFP

over the past 18 months.

More deals appear to be cooking, with participation from major Silicon Valley players.

Bioengineering food

“I think this new industry will be disruptive,” said Isha Datar, executive director of the nonprofit group New Harvest, which promotes cellular agriculture, or the use of stem or other cells to produce replicas of animal products.

The tech sector is spear-

heading this effort, Datar says, with most of the traditional food industry stuck in “a deeply ingrained system that makes it less amenable to change.”

Brooklyn-based startup Modern Meadow is developing an edible cultured meat prototype along with bioengineered leather products, which do not require animal slaughter.

Among the prominent investors in this sector is Microsoft founder Bill Gates, who sees the industry as helping fight against a key environmental challenge.

AFF

Ancer-ing the playoff call

GOLF

73rd hole decides Nova Scotia Open

Kristen Lipscombe
Metro | Halifax

If one is ever asked in trivia who won the 2015 Nova Scotia Open, the answer should be easy to recall.

The answer is Ancer.

Abraham Ancer, 24, claimed his first Web.com Tour title, and likely his PGA Tour card, Sunday by beating out fellow Texan Bronson Burgoon in a tiebreaking playoff on the 18th hole.

His final 15-foot birdie putt following four days of golf under sunny skies at Ashurn Golf Club's new course in Windsor Junction sent the usually quiet, concentrated crowd into an energetic round of claps and cheers.

Ancer and Burgoon had entered the playoff hole at 13 under par after 72 holes.

"Those are the best putts we've seen here in awhile," remarked one fan who enthusiastically snapped Ancer's photo as the golf pro from Mission, Texas, strolled by him wearing a bright pink ball cap.

"I was just trying to cozy it in there," Ancer said of his victory-clinching putt. "That's what you want to do with those putts, because they can get away from you pretty quickly."



Abraham Ancer sinks a playoff-winning putt on Sunday at the Nova Scotia Open. MONA GHIZ/CONTRIBUTED

Ancer was also representing Mexico at this year's Nova Scotia Open, as he has dual citizenship. That makes him the Web.com Tour's fifth Mexican winner, following Keoke Cotner, Esteban Toledo, Alex Aragon and Carlos Ortiz.

"I just kept thinking, 'I'm going to make this somehow,'" Ancer said. "I just played the best stroke I could, and it went in."

Along with the sparkling trophy from Nova Scotian Crystal, he also receives \$117,000 of

+

TRIVIA

Canadian pro golfer Roger Sloan of Merritt, B.C. won the inaugural Nova Scotia Open last July, also on a playoff hole.

the \$650,000 purse, bumping him from 39th to fourth on the money list with \$192,945 total.

But it certainly wasn't a sure thing for Ancer, who in addition to narrowly edging Bur-

goon, had to crack a tight-scoring race on the leaderboard.

"I saw that there were like six guys tied for the lead," he said of a new Web.com Tour record following three rounds.

At one point, all eyes were on Harold Varner, who ended up walking away with \$21,043.75 as one of four golfers tied for sixth place.

"It was a roller-coaster," Varner said after he had finished up Sunday.

"At the end of the day, I'm getting closer to my goal of getting my PGA Tour card."

Burgoon took home \$70,200, while three other pros snagged \$33,800 from the purse at this year's Nova Scotia Open, the second annual event and the only Canadian stop on the Web.com Tour.

But the big cheque belonged to Ancer.

"I've been waiting for this moment for a while," he said. "I don't think it's going to sink in for a while."

WITH FILES FROM THE CANADIAN PRESS

≡

IN BRIEF

Leafs give Kadri one-year extension

The Toronto Maple Leafs signed forward Nazem Kadri to a one-year contract extension on Sunday.

Kadri, 24, finished fourth among Maple Leaf players in scoring last season with 39 points (18 goals, 21 assists) in 73 regular season games.

The London, Ont., native, who has 152 points (64 goals, 88 assists) in 250 NHL games, was drafted seventh overall by the Leafs in 2009.

THE CANADIAN PRESS

Sixth man leaving for L.A.

The Los Angeles Lakers say they plan to sign guard Lou Williams, last season's Sixth Man of the Year, and forward Brandon Bass.

Williams averaged a career-high 15.5 points and helped Toronto win a franchise-record 49 games in 2014-15, his lone season there. The Lakers have upgraded their guard rotation by adding Williams after drafting Ohio State's D'Angelo Russell with the No. 2 pick.

THE ASSOCIATED PRESS

Nazem Kadri
GETTY IMAGES

Lou Williams
GETTY IMAGES

Carli Lloyd is swarmed by her American teammates after scoring one of her three first-half goals in the Women's World Cup final against Japan on Sunday.

FRANCK FIFE/AFP/GETTY IMAGES

WOMEN'S WORLD CUP

Lloyd leads American assault on Japan

Cam Tucker

Metro | Vancouver

Mere moments after the 2015 FIFA Women's World Cup final got underway, it was already over.

The anticipation of what had been shaping up to be a great championship contest between Japan and the U.S. — a rematch of the final four years ago — was quickly replaced with shock. The Americans started the match on the front foot. They were soon

WORLD CUP Final

5

U.S.

2

JAPAN

running downhill before anyone, including the Japanese, really knew what was happening.

They wouldn't be stopped. The U.S. took the World Cup title with a 5-2 win over Japan before 53,341 fans on Sunday at BC Place Stadium.

Three minutes in, the U.S.

struck on a goal from Carli Lloyd.

On a corner kick, Lloyd snuck into the middle of the box and placed the ball out of the reach of goalkeeper Ayumi Kaihori. It was red, white and blue insanity.

Fans from different parts of the U.S. travelled to Vancouver for the tournament and this match.

They loved what they were seeing.

One goal suddenly turned into four for the Americans.

They built a four-goal lead before the match was even 17

minutes old. Lloyd had the hat trick. Victory looked safe and secure, with the U.S. in complete control and Japan in complete disarray.

Lloyd's third goal was the perfect example of just how far off the rails things had come for the Japanese. She caught Kaihori well out of her goal and beat the Japanese keeper with a shot from midfield.

Japan narrowed the deficit to two goals in the 52nd minute, but only two minutes later, the U.S. restored its three-goal lead on a goal from Tobin Heath.



Hamilton thrills home crowd

Mercedes 1-2 again.

Lewis Hamilton seized back control of the British Grand Prix after being overtaken on the first corner to win his fifth race of the season on Sunday in Silverstone, England, and strengthen his Formula One title defence.

A Mercedes one-two was just as forecast, with Nico Rosberg completing a ninth consecutive double podium for them. Hamilton is the first back-to-back Silverstone winner since David Coulthard 15 years ago, thrilling the 140,000-strong home crowd at the central England circuit.

THE ASSOCIATED PRESS



GETTY IMAGES

TOUR DE FRANCE

Good early form for Froome, Contador

In ferocious winds and thunderous rain, Chris Froome and Alberto Contador managed to use the conditions to their advantage on the second stage of the Tour de France.

That gave them the early leg up on main rivals Vincenzo Nibali and Nairo Quintana.

While it's too soon for anyone to gain a decisive advantage in the race, British rider Froome and the Spaniard Contador are certainly on the front foot in what is widely touted as a four-way Tour battle.

They're more than a minute ahead of defending champion Nibali and Quintana after both rivals fell behind when the peloton split up in the heavy winds. Froome crossed the line in seventh place, one minute 28 seconds ahead of Nibali and Quintana, while Contador gained 1:24 on those two after placing 13th.

Langley, B.C., native Svein Tuft was five minutes 47 seconds off the pace in 101st place. Victoria's Ryder Hesjedal was 132nd. THE ASSOCIATED PRESS

Jays bounce back at Tigers

MLB

Bautista and Smoak homer to snap 3-game losing streak

Turns out the Toronto Blue Jays got a break by facing Justin Verlander.

Jose Bautista and Justin Smoak homered in a six-run fifth inning against the 2011 AL Cy Young Award winner and MVP, leading the Toronto Blue Jays over the Detroit Tigers 10-5 Sunday.

Toronto stopped a three-game losing streak and won for just the second time in seven games.

"We definitely needed this one," Blue Jays manager John Gibbons said. "We've had to go against (Anibal) Sanchez and (David) Price the last two nights, and we've got (Chris) Sale tomorrow, so we needed a game where the offence could get things going."

Marco Estrada (6-4) improved to 5-1 in his last seven starts, allowing two runs and five hits in five innings. Roberto Osuna got four outs for his third save.

"It is always great to get a win, but today was even better because it is my birthday," said Estrada, who turned 32. "The guys got me a nice present by putting up 10 runs."

Verlander (0-2) gave up seven hits and two walks in five innings, striking out five. He needed 94 pitches to get 15 outs.

66

We definitely needed this one

Toronto Blue Jays manager John Gibbons



Blue Jays' Jose Bautista celebrates hitting a home run on Sunday in Detroit. GREGORY SHAMUS/GETTY IMAGES

SUNDAY In Detroit



He now has a 6.75 ERA in four starts after missing the first several weeks of the season with a triceps injury.

"I was seeing reactions that I haven't seen for a while on my off-speed pitches, and that felt good," Verlander said. "It is a shame that I fell out of sync in the fifth, but this is only my fourth start. You have to keep that in mind."

Toronto went ahead after seven pitches when Jose Reyes led off with a bloop double and scored on Josh Donaldson's single. Verlander's error on an errant pickoff attempt allowing Donaldson to take third, but pitched out of the jam.

"I think that was huge for us," Donaldson said. "We got

the quick run, and then Marco and the defence kept putting up zeroes, so the momentum kept building. We knew it would break out eventually."

Verlander didn't allow another hit until the fifth, helped by a spectacular play by Jose Iglesias that ended the fourth. The shortstop ranged into the hole and threw to second for a forceout.

Danny Valencia walked leading off the fifth after being down 0-2 in the count, Kevin Pillar singled and Devon Travis hit an RBI double. Reyes' groundout made it 3-0 and moved Travis to third, and Donaldson singled through a drawn-in infield. Bautista followed with a two-run homer over the Tigers bullpen in left and, four pitches later, Smoak homered to right for a 7-0 lead.

"There are two ways you can look at this," Verlander said. "You can look at the fifth inning and think negatively, or you can look at the rest of it and think positively." THE ASSOCIATED PRESS

IN BRIEF

Shaman Ghost wins Plate

Shaman Ghost took the lead down the stretch to capture the 156th running of the \$1-million Queen's Plate on Sunday in Toronto.

Shaman Ghost finished ahead of Danish Dynaformer in a battle of the 3-1 co-favorites. The second-place finish was bitter-sweet for trainer Roger Attfield, who was looking for a record ninth Plate victory. Shaman Ghost won the 1 1/4-mile race in an unofficial time of 2:03.45 at Woodbine Race-track. THE CANADIAN PRESS

Diving gold for Quebec duo

Melissa Citrini-Beaulieu of St. Constant, Que., and Marc Sabourin-Germain of Mascouche, Que., won the gold medal on mixed three-metre synchro on Sunday to cap a strong meet for a young Canadian team at a FINA Grand Prix diving event.

Citrini-Beaulieu and Sabourin-Germain earned 289.26 points in their competitive debut as a pair. Veteran Tagnia Cagnotto and Maicol Verzotto of hosts Italy were second at 276.30. THE CANADIAN PRESS

ATHLETICS

Hurdler Warner ties Canadian record

Damian Warner tied a Canadian record on Saturday at the Canadian track and field championships in Edmonton.

The London, Ont., native won the men's 110-metre hurdles in 13.27 seconds to tie Mark McKoy's record set in 1985. Johnathan Cabral was second at 13.37 and Sekou Kaba third at 13.43. Saskatoon's Brianne Theisen-Eaton edged out the competition in the women's 100 hurdles. She finished the race in 13.06, just ahead of Phylicia

George and Nikkita Holder.

Thomas Riva of Qualicum Beach, B.C. captured the men's 1,500 race in four minutes 6.16 seconds. Winnipeg's Nicole Si-fuentes took the women's event in 4:20.29. Toronto's Philip Osei won the men's 400 dash in 46.59, finishing ahead of Joshua Cunningham and Daniel Harper.

Rachel Seaman of Kapuskasing, Ont., won the women's 10,000 race walk with Evan Dunfee of Richmond, B.C., taking the men's title. THE CANADIAN PRESS

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RECIPE Grilled Salmon over Avocado, Watermelon, and Mango Salsa



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

@rosereisman

- 1 tsp minced garlic
- 1 tsp minced jalapeno pepper
- 1 tsp grated lemon zest
- Salt and pepper

Directions

1. Preheat grill or oven to 425 F. Cook salmon for 10 minutes per inch of thickness.
2. Meanwhile, add remaining ingredients to a bowl and mix well. Place on serving platter with fish over top.

Nutrition per serving

- Calories 350
- Carbohydrates 15g
- Fibre 2g
- Protein 35g
- Fat 17g
- Saturated Fat 2.5g
- Cholesterol 95mg
- Sodium 80mg

PHOTO: ROSE REISMAN

Watermelon, mango and avocado match the rich flavour of salmon. Recipe serves 4.

Ready in

Prep time: 15 minutes
Cook time: 10 minutes

Ingredients

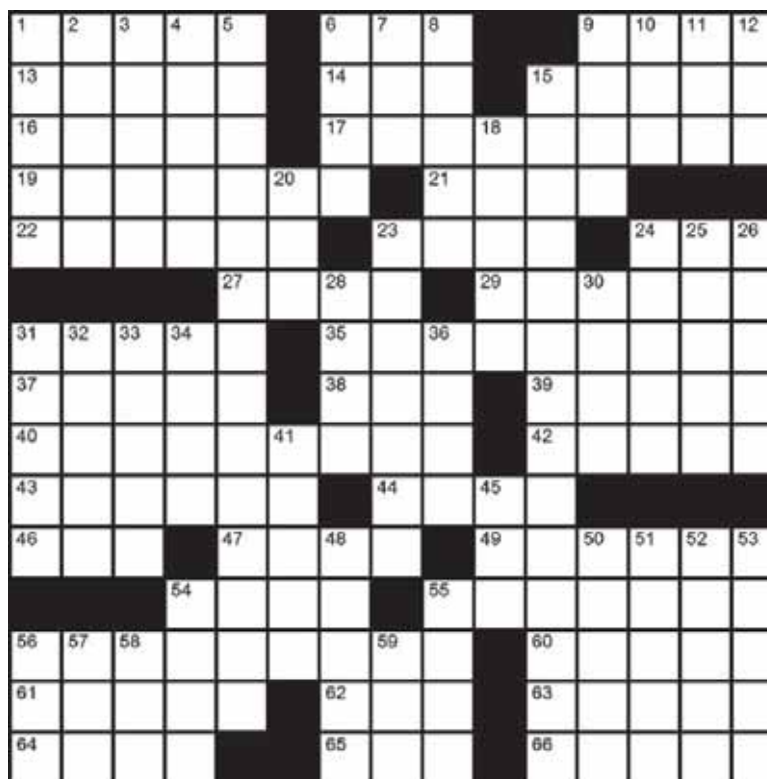
- 1 1/2 lb salmon fillet
- 2 cups diced watermelon
- 3/4 cup diced cucumber
- 3/4 cup diced mango
- 1/2 cup diced avocado
- 1/4 cup diced red onion
- 3 Tbsp chopped basil
- 2 Tbsp lemon juice
- 1 Tbsp olive oil

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Yes-meaning sign, ___ approval
6. Image file type
9. Sudsy stuff
13. Provide with weapons
14. Grand ___ (Wine classification)
15. Prod
16. Equally in the distance: 2 wds.
17. Shirt pocket for some: 2 wds.
19. Dancer's garb
21. Wise adviser
22. War horses
23. A-list Brad
24. The Go-___ (1980s band)
27. I, to Socrates
29. Shot
31. 'River Horse', commonly
35. Separate the names of a song-writing team
37. Botanical casings
38. Nutritional suggested amount [acronym]
39. Was using oars
40. Workout wear
42. Mean
43. Mints brand: 2 wds.
44. Clarinetist's prop
46. Compass point
47. Wrongdoing, in law
49. Big name in motorcycles
54. "My king."
55. Deer, to a carnivore
56. Perform a song like a barber-



- shop quartet
60. Mr. Eastwood
61. Silk-like fabric
62. ___stick frying pan
63. Respected person in the community
64. Retro flooring choice, ___ carpet
65. Adjust

66. "Touched by an Angel" star Della

DOWN

1. "Hud" (1963) Oscar-winning actress Patricia, and surnamesakes
2. Commence-

- ment
3. Movie star Willem
4. Give a stately speech
5. Listeners might have their dials tuned into one: 3 wds.
6. Commissioner Gordon's force in com-

- ics [acronym]
7. Enraged emotion
8. Mushroom, as examples
9. U.S.S. Enterprise navigator
10. Strange
11. Candle-blower's number

12. 'P' in MPH
15. Canadian race-horse, winner in 1964 of both the Kentucky Derby and Preakness Stakes: 2 wds.
18. Chest for storing tableware
20. Record label The Bee Gees were on
23. Prospector's lucrative discovery: 2 wds.
24. Eats away at
25. Eight-member music ensemble
26. Shabby
28. Drive-___ restaurant
30. Old World buffalo
31. Hurriedness
32. Rich Man, Poor Man novelist Mr. Shaw
33. Fragment
34. Dish of the day, ___ du jour
36. Hors d'oeuvre spread
41. Contempt
45. Storm's centre
48. Horseback rider's straps
50. ___-feuille (Type of French pastry)
51. Record's spot for the hit
52. Sharpens skills
53. Cavern
54. Urban haze
55. Let off steam
56. Clock's li'l time segments
57. "Won-der-full"
58. Rug of Scandinavia
59. Ms. Saldana of "Avatar" (2009)

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Someone in a position of authority will ask you to do something for them and you will say yes. But don't sell yourself cheap. A job done well is a job worth getting paid the going rate for.

Taurus April 21 - May 21
This is the ideal time to throw out all the emotional junk you have acquired during the first half of the year. Today's Sun-Pluto link will encourage you to be ruthless with yourself.

Gemini May 22 - June 21
This is going to be a busy week and the less you try to do the more work will land in your lap. At some stage, for the sake of your health, you will have to call a halt. Not even a livewire Gemini can do it all.

Cancer June 22 - July 23
You may be tempted to give up on something that is proving more difficult than you expected but you must stick with it a while longer. Keep plugging away a few more days.

Leo July 24 - Aug. 23
Don't take it to heart if someone seems to be avoiding you. The fact is you have been giving off some rather heavy vibrations of late and they find you a bit scary. Take it as a hint that you need to be a lot more laidback.

Virgo Aug. 24 - Sept. 23
What changes over the next few days has been in the pipeline for quite some time and chances are you will welcome it. Yes, it may be disruptive but on this occasion disruption is better than the status quo. Move with the times.

Libra Sept. 24 - Oct. 23
There is an urgency about you at the moment, no doubt due to the influence of Pluto. You know if you pass up an opportunity to better yourself it will be a very long time, if ever, before it comes round again.

Scorpio Oct. 24 - Nov. 22
Sudden changes may not be entirely welcome but neither are they to be feared, so accept and work with them. Nothing lasts forever, so go with the flow and enjoy where fate takes you.

Sagittarius Nov. 23 - Dec. 21
Something dramatic is likely to happen over the next 24 hours. However, if you keep your wits about you and react quickly while everyone else is dithering you could make some serious money.

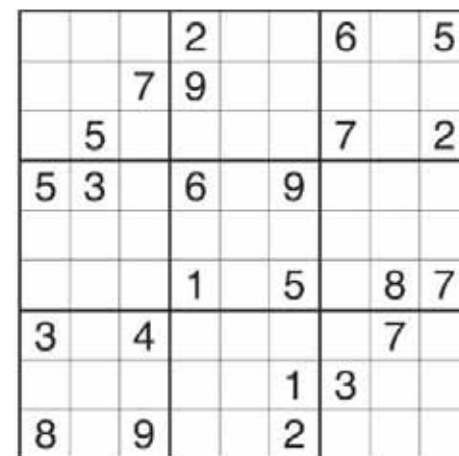
Capricorn Dec. 22 - Jan. 20
The more you try to force events to move in one direction today the more likely it is they will move in the opposite direction. Look on the bright side: the less you resist the more you will achieve.

Aquarius Jan. 21 - Feb. 19
No matter how persuasive and no matter how logical your arguments may be, almost certainly friends and colleagues will oppose what you want to do today. But you should do it anyway.

Pisces Feb. 20 - March 20
What takes place today may not be to your liking but later in the month you will be glad you were forced to make certain changes. You must slow down for a while.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Difficulty Level ★★★★★

4/30

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